

# HEALTHY SELFIE TRAIL

FREE!



TRAIL #1

TORRE ABBEY CIRCULAR



 **TORBAY**<sub>ON</sub>  
THE **MOVE**

*More people, more active, more often*

An event funded by Torbay Council  
and delivered by Tonic Creatives

USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE "SELFIE STOPS" TO BE ENTERED INTO OUR MAIN COMPETITION. HAVE FUN!

### 1. TORRE ABBEY ITSELF.BRANDS.COMET

- Head towards the Grand Hotel and Corbyn Head.

### 2. CORBYN HEAD HONEST.MELON.DREAM

- Walk towards Princess Pier



### 3. LARGE PEBBLES MILKY.RATED.TOKEN

#### DID YOU KNOW...?

The pebble seats were created by Cornish sculptor Ben Barrell who casts them from concrete and polishes them until they gleam and look like pebbles that you could pick up and skim across the water's surface. But only if you had very big hands...

- Continue towards Princess Theatre and Pier

### 4. PRINCESS PIER CALM.NOISES.WIDE

- Head towards the Pavilion and then towards the harbour bridge



#### DID YOU KNOW...

Agatha Christie used to enjoy roller skating on the pier when she was a young woman. In fact the pier was constructed in the year she was born (1890) and once had a concert hall and the Island Showbar on the end. Sadly they were destroyed in a fire in 1974.

### 5. HARBOUR BRIDGE GOAT.SPIT.AMUSE

#### DID YOU KNOW...?

The bridge was built as part of a £21 million harbourside development at the start of the 21st century. The inner harbour used to be tidal and every low tide would become a sludgy mess. Now it is kept perpetually at mid tide by metal underwater gates. When the bridge lifts, these gates are simultaneously lowered to allow boats safe passage.

- Continue towards Beacon Quay and the large ring

### 6. HARBOUR RING HARRY.DINED.AUTHOR

#### DID YOU KNOW...?

There is a piece of civic art here created by Bob Budd to commemorate the brave troops who left here as part of the D-Day landings. If you stand on the cross of lights and look towards the steel ring, you will be looking in the direction that the troops left the slipways. In the wooden floor is a secret message made from lighting units that spells out VANISHING POINT in Morse Code to remember the brave men who didn't return.

- Walk along Victoria Parade towards the clock tower

### 7. CLOCK TOWER CLOUD.PARK.JOKE

- Continue towards the slipway and walk through tunnel by Visitor Information Centre.

### 8. AGATHA CHRISTIE STATUE DUNES.IDEAL.CURVY



- Cross the road by the Torbay Hotel and walk towards Royal Terrace Gardens (Rock Walk)

### 9. START OF ROCK WALK CAVE.EMPLOY.PIRATE

- Cross over the road at the crossing at the end of Royal Terrace Gardens (Rock Walk)

### 10. WISHING WELL FEND.CODES.DATING

- Walk back along seafront and cross road at crossing towards Abbey Refreshments

### 11. ABBEY REFRESHMENTS COMICAL.NAILS.SCARED

- Walk between the pitch and putt and bowling lawn

### 12. ABBEY GATES DEED.TITLE.SNAPS

- Walk between the pitch and putt and bowling lawn

Congratulations on finishing the walk and we hope you had fun exploring Torquay and getting a few selfies along the way. Don't forget to tag us #HealthySelfie.

The first 100 people to pop into the shop at Torre Abbey (please check opening times before visiting) and show a photo from each of the three SELFIE STOPS will get a limited-edition badge. There is a different badge to collect for each walk.

Don't forget to enter our competition at [www.healthy-selfie.co.uk](http://www.healthy-selfie.co.uk) to be in with the chance of winning some amazing prizes worth up to £1200 for you and your family. Good luck!