

HEALTHY SELFIE TRAIL

FREE!



English Riviera



UNESCO GLOBAL
GEOPARK

Associate Partner

 **TORBAY**_{ON}
THE **MOVE**

More people, more active, more often

An event funded by Torbay Council
and delivered by Tonic Creatives

USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE “SELFIE STOPS” TO BE ENTERED INTO OUR MAIN COMPETITION. HAVE FUN!

1. START AT BERRY HEAD CAR PARK
HANDBAGS.STAYS.BARONESS

- Head out of the gate at the top and take right hand path.

2. WALK TO THE LOOKOUT
SEARCHED.OUTHOUSE.RANKING



DID YOU KNOW...?

Due to its natural strategic position, Berry head has been used to protect the Bay for thousands of years. Once the site of an Iron Age fort, much of this was destroyed when two Napoleonic War-era forts were built here. During the Second World War, anti-aircraft guns and an observation post were placed here, while in the Cold War a nuclear monitoring bunker was constructed. These days it's a peaceful nature reserve and heritage centre.

3. TURN LEFT ALONG PATH AND THEN TURN RIGHT THROUGH THE FORT ENTRANCE
ESCALATED.REMIND.PROPS

4. WALK TO LIGHT HOUSE
CLOUDING.EXPANSION.PAYING



DID YOU KNOW...?

The lighthouse at Berry Head is believed to not only be the shortest in Great Britain (being just five metres tall) but also the highest at 58 metres above sea level. It was also reputedly once the deepest, because the optic was originally turned by a weight falling down a 45 metres deep shaft.

5. RETRACE YOUR STEPS
BACK TO THE CAR PARK
HANDBAGS.STAYS.BARONESS

6. WALK OUT OF THE BOTTOM OF THE CAR PARK AND TURN LEFT ONTO THE PATH FOLLOWING THE ACORN SIGN
TRAVEL.SPECIFIES.AUCTIONED

- Straight on at sign for Gillard Road.

7. TURN LEFT INTO LANDSCOVE HOLIDAY PARK FOLLOWING THE SIGN FOR COASTAL WALK
WANTING.TOPPED.INTRIGUED

8. TURN RIGHT TO KEEP FOLLOWING SIGN FOR COASTAL WALK. GO OUT OF THE GATE AND TURN LEFT ONTO THE COAST PATH
VOICES.CLUSTERED.RENDERS



9. HEAD BACK TOWARDS BERRY HEAD AND TAKE RIGHT AT THE FORK BY THE TORBAY COAST AND COUNTRYSIDE TRUST SIGN
HANDLEBARS.PRAYERS.INTENSION

DID YOU KNOW...?

The coastal cliffs at Berry Head are home to a number of sea birds including guillemots, razorbills, and kittiwakes. You can watch live CCTV of the guillemot colony in the Visitor Centre. The headland is also part of an aeronautical navigation corridor used by planes guided by the National Air Traffic Services. This means that Berry Head is perfect for both bird watchers and plane spotters.

10. HEAD TOWARDS THE GATE IN FAR LEFT CORNER OF SOUTHERN FORT. WALK CLOCKWISE AROUND THE EXTERIOR WALLS. THERE'S AN OPTION TO VISIT THE FORT
EXCELLENT.VILLAGER.EXACT

11. THE PATH TAKES YOU BACK PAST THE FIRST VIEWING POINT AND THEN BACK INTO THE CAR PARK
HANDBAGS.STAYS.BARONESS

Congratulations on finishing the walk and we hope you had fun exploring Berry Head and getting a few selfies along the way. Don't forget to tag us #HealthySelfie

The first 100 people to pop into the Guard House Café and show a photo from each of the three Top Spots will get a limited edition badge. There is a different one for each walk.

Don't forget to enter our competition at www.healthy-selfie.co.uk to be in with the chance of winning some amazing prizes worth up to £1200 for you and your family. Good luck!