



More people, more active, more often

An event funded by Torbay Council and delivered by Tonic Creatives USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE "SELFIE STOPS" TO BE ENTERED INTO OUR MAIN COMPETITION. HAVE FUN!

1. HEAD TO THE GATE BY THE VELOPARK IN THE FAR CORNER OF THE TORBAY LEISURE CENTRE CAR PARK LIONS.FEAR.TAKER

DID YOU KNOW...?

The Velopark opened in 2014 and is the only outdoor closed road circuit in Devon and Cornwall. That means people can safely ride around the 1.5km circuit or enjoy the new Pump Track, which is designed for use by BMX mountain bikes, skates, skateboards, scooters and even balance bikes. A pump track is a continuous loop of banked turns, rollers and jumps that enables users to generate speed without pedalling.

2. TURN RIGHT

• and go straight through the gate or over the stile

3. AT THE FORK TURN LEFT

4. STRAIGHT ON,

• through hedge then left at the T Junction Palm. snow.global

5. GO PAST TORBAY GOLF CENTRE

 on your left and out past Hoburn Holiday Park keep going.

6. TURN RIGHT AT DEFEND.FRESH.SMILES

• and follow the path

7. GO OVER THE LITTLE BRIDGE UNIQUE.FACE.TRANSLATED



ACCESSIBILITY

Some sections of this route go up hill and down a fairly steep hill and although following a path, are not accessible to those in a wheelchair or with limited mobility. It is possible to enjoy a much more accessible route around beautiful Clennon Lakes and we would very much accept three photos from this area to enter the competition. Please note, so areas of Clennon can become quite waterlogged after heavy rain.

8. HEAD STRAIGHT ON

• then take the right hand path into the fields - take the middle path

HOPING.LIKE.MAKING

9. HEAD STRAIGHT

• and the keep right at the crossroads of the path, then go right again

10. CUTS.DRIPS.BOWLS



DID YOU KNOW...?

Clennon Gorge is owned and managed by Paignton Zoo and backs onto the tourist attraction itself. Herbert Whitley who started the zoo, had a vision to turn old lime kilns in this area into mammal dens and old quarries into bear and carnivore enclosures. World War II broke out before this could happen and the quarries were used as cookhouses for UK troops camping in the zoo paddocks whilst waiting to leave for D-Day in 1944. Later evidence showed that the American GI's cooked peacocks and other ornamental birds from the zoo as a tasty 'last supper' before heading off to war.

11. KEEP LEFT AND FOLLOW THE PATH BACK TO THE CAR PARK

Congratulations on finishing the walk and we hope you had fun exploring Torquay and getting a few selfies along the way. Don't forget to tag us #HealthySelfie

The first 100 people to pop into Torbay Leisure Centre (please check opening hours) and show a photo from each of the three SELFIE STOPS will get a limited edition badge. There is a different badge to collect for each walk. Don't forget to enter our competition at www.healthy-selfie.co.uk to be in with the chance of winning some amazing prizes for you and your family.

Good luck!