

# HEALTHY SELFIE TRAIL

FREE!



English Riviera



UNESCO GLOBAL  
GEOPARK

Associate Partner

## TRAIL #6

GOODRINGTON TO PAIGNTON PIER  
CIRCULAR

 **TORBAY**<sub>ON</sub>  
THE **MOVE**

*More people, more active, more often*

An event funded by Torbay Council  
and delivered by Tonic Creatives

**USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE MAIN TOP PHOTO SPOTS TO BE ENTERED INTO OUR MAIN COMPETITION. HAVE FUN!**

### **1. START AT THE CANTINA (FRAMES.WORKER.CURVE)**

- Head away from the café towards the seafront, keeping the playpark on your right.

### **2. ROUNDHAM HEAD (SIDES.SORRY.DRIPS)**

- Take the upper path and head up the cliff-side



#### **DID YOU KNOW...?**

The paths up the cliffs (known as Rock Walk) and the promenade below were constructed by Welsh Miners in the 1920's. The British economy was struggling and heading towards a period known as the Great Depression. So the miners used their skills as part of a work creation scheme.

### **3. TOP OF CLIFF (NAILS.CRASS.TONIC)**

- Turn left and continue up to the road. Turn right and head down the road, staying on the pavement. Cross over Cliff Road and keep heading towards the Harbour. Turn right before the red telephone box, past Mollys.

### **4. MOLLY'S (WADDLED.SNACKS.LIST)**

- Turn left under the archway towards the Beach. Turn right and follow promenade towards the pier.

#### **DID YOU KNOW...?**

The Harbour you see today was built in 1837 and was used for landing fish, coal, timber and stone. The main exports were Cabbages (grown in the town centre at the time) and cider. In fact 2.2 million gallons of cider were exported each year. Harbour Light restaurant was once a fish cellar and net store, while the toilets were once the coastguard custom house.

Congratulations on finishing the walk and we hope you had fun exploring Goodrington & Paignton and getting a few selfies along the way. Don't forget to tag us #HealthySelfie

**The first 100 people to pop into Cantina and show a photo from each of the three Top Spots will get a limited edition badge. There is a different one for each walk.**

#### **ACCESSIBILITY**

There is quite a steep hill (Roundham Head) to go up and down twice during this walk, but the route is accessible to wheelchairs. There are also accessible routes avoiding steps when you come down Rock Walk.

### **7. PIER. FEEL FREE TO WALK TO THE END IF YOU LIKE! (THING.CAFE.PROP)**

- Retrace steps back towards the Harbour

#### **DID YOU KNOW...?**

Paignton Pier opened in 1879 and once had a grand pavilion at the end, where performances of musicals would take place, while it was also a stopoff point for paddle steamers. It also once contained a small zoo and boasted a scenic railway that turned into a ghost train at the end of the journey.

### **8. HARBOUR (SENTENCES.DRAPE.APPLES)**

- Turn left towards Fairy Cove.



### **9. FAIRY COVE (JUDGES.FORMAT.QUIZ)**

- Head back to Harbour

### **10. HARBOUR SENTENCES.DRAPES.APPLES**

- Turn left, and left again into Cliff Road, following signs for Goodrington.

### **11. ROUNDHAM PARK (PUTS.ENVY.SOLO)**

- Follow path around coastline until it forks

### **12. TAKE LEFT HAND PATH (PINES.OPPOSE. REVEAL) DOWN TO THE BEACH.**

- Please note: there are some steps taking you back down to the beach. To avoid these please continue straight on and go back down the path you first came up.

### **13. FOLLOW THE PATH DOWN THE BEACH AND BACK TO THE CANTINA (FRAMES.WORKER.CURVE)**

Don't forget to enter our competition at [www.healthy-selfie.co.uk](http://www.healthy-selfie.co.uk) to be in with the chance of winning some amazing prizes for you and your family.

**Good luck!**