

HEALTHY SELFIE TRAIL

FREE!



 **TORBAY**_{ON}
THE
MOVE

More people, more active, more often

An event funded by Torbay Council
and delivered by Tonic Creatives

USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE “SELFIE STOPS” TO BE ENTERED INTO OUR MAIN COMPETITION. HAVE FUN!

1. STARTING POINT ON BABBACOMBE DOWNS (SPOKE.CLIPS.RAILS) SELFIE SPOT

2. WALK ALONG THE DOWNS WITH SEA TO THE LEFT...

- towards the wishing well outside Babbacombe Theatre ([gladiators.answer.shells](#))

3. FACING THE THEATRE, TAKE THE PATH ON THE RIGHT, ONTO THE ROAD BRINGING YOU OUT ONTO BABBACOMBE DOWNS ROAD...

- ...Cross carefully onto the pavement to the left of Hamiltons continuing towards the main road.

4. CROSS BABBACOMBE ROAD AT THE CROSSING BY ST ANNES HALL...

- ([abode.snake.pull](#)) and turn left.

5. TURN RIGHT ONTO ST ANNE’S ROAD AND WALK THE FULL LENGTH...

- cross Reddenhill Road, and keep going (the church will be on your left)

6. CROSS ROAD AND ENTER CARY PARK...

- ...through the yellow gates ([worker.remind.crowds](#))

7. GO THROUGH THE PARK AND CROSS PALERMO ROAD...

- enter the next park ([cope.indoor.bake](#)) is close to the hedge, [manage.joins.menu](#) may be better.



8. LEAVE THE PARK...

- continue down road and turn right at the junction, along Manor Road, following the signs for St Marychurch

9. IF YOU DO NOT HAVE ANY DOGS, OR CHILDREN WITH YOU, WHY NOT POP INTO TESSIER GARDENS FOR A WANDER AROUND THIS BEAUTIFUL SPACE (TREND.ELITE.PINE)

DID YOU KNOW...?

Mr Herbert Tessier (a London jeweler) relocated with his wife to Babbacombe in 1903 and bought three acres of gardens adjacent to their property to ensure their privacy. Mrs Amy Tessier donated the gardens to Torquay Borough Council in 1933, adding as one of the covenants that they should be a relaxing place for adults only. In 1975, the Rotary Club established a small sensory garden and today the beautiful oasis of calm still provides opportunities to use sight, touch and smell to evoke plant memories and is a dementia-friendly garden.

10. TURN LEFT AT THE TRAFFIC LIGHTS (SO BYGONES IS ON YOUR RIGHT)...

- ...continue along, cross straight over at the memorial and enter the shopping precinct

DID YOU KNOW...?

Bygones is a fascinating family-run visitor attraction that allows you to explore 100 years of history. Opened in the 1980s, it was an obsession with model railways and the spontaneous purchase of a 27-ton railway tank engine that caused the Cuming family to turn their hobby into a business. Based in an old cinema, there are more than 2000 historic artifacts on show (we wouldn't want to do the dusting...), while you can walk down an authentic life-size Victorian street, walk through a World War II trench, marvel at their huge model railway and even play some vintage penny arcade games along the way.

11. WALK RIGHT THROUGH

- - feel free to stop and shop!
At the Church ([trips.fend.boot](#))



12. CONTINUE WALKING AND AT THE JUNCTION TURN RIGHT ALONG PETITOR ROAD...

- ...past the Crown and Sceptre.
- At the roundabout, cross over and turn right following signs to Babbacombe.

13. TURN LEFT AND WALK THROUGH HAMPTON AVENUE CAR PARK (THINGS.PREOCCUPIED.POUNDS).

14. EXIT THE CAR PARK ALONG HIGHER DOWNS ROAD...

- ...and continue along the Downs to the starting point.

ACCESSIBILITY

This walk is very accessible and follows flat pavements and pathways throughout most of the route. There are some roads to cross and a very slight incline up through St Marychurch Precinct.

DID YOU KNOW...?

Babbacombe Cliff Railway has transported hundreds of thousands of visitors up and down to beautiful Oddicombe Beach since 1926. The line was closed in 1941 due to the Second World War and did not open again until 1951. Following the war, Babbacombe became one of the most popular places in the UK for returning personnel to enjoy their honeymoons. Babbacombe Downs is the highest cliff top promenade in England and as such offers extraordinary panoramas over Babbacombe Bay and Lyme Bay, with views right across the Isle of Portland in Dorset on a clear day. Perfect as a backdrop for those honeymoon photographs (or a Healthy Selfie...)

CONGRATULATIONS ON FINISHING THE WALK AND WE HOPE YOU HAD FUN EXPLORING BABBACOMBE & ST MARYCHURCH AND GETTING A FEW SELFIES ALONG THE WAY. DON'T FORGET TO TAG US #HEALTHYSELFIE

The first 100 people to pop into Bygones (please check opening hours) and show a photo from each of the three **SELFIE STOPS** will get a limited edition badge. There is a different badge to collect for each walk.

Don't forget to enter our competition at www.healthy-selfie.co.uk to be in with the chance of winning some amazing prizes for you and your family. Good luck!

