

# HEALTHY SELFIE TRAIL

FREE!



**TRAIL #12**  
**URBAN STROLL**

**TORBAY**<sub>ON</sub>  
**THE**  
**MOVE**

*More people, more active, more often*

An event funded by Torbay Council  
and delivered by Tonic Creatives

**USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE “SELFIE STOPS” TO BE ENTERED INTO OUR MAIN COMPETITION. HAVE FUN!**

**1. START AT THE ENTRANCE TO TORQUAY TOWN HALL (AWAIT.PHOTOS.MONTH)**

**2. WITH YOUR BACK TO THE TOWN HALL...**

- ... turn left and follow the road past Torquay Library (your badge stop on the way back!) and the Town Hall Car Park.

**DID YOU KNOW...?**

The Assembly Rooms at Torquay Town Hall have welcomed a remarkable array of famous people over the years. Agatha Christie worked there as a volunteer nurse when the building was used as an auxiliary hospital for wounded service personnel in the First World War. King George V and Queen Mary visited the wounded soldiers in 1915. Sherlock Holmes author Sir Arthur Conan Doyle lectured on his belief in the afterlife and spiritualism in 1920, while in the 1960s and 70's the building was used for concert performances. Amongst the famous acts to perform there were the Rolling Stones in 1964, the Who in 1965 and David Bowie in 1973.

**3. CROSS OVER INTO UPTON PARK (DARING. ORCHESTRA.STRUT)**

**4. GO PAST THE TENNIS AND BASKET BALL COURTS AND FOLLOW THE PATH ALONGSIDE THE ROAD**

**5. CONTINUE STRAIGHT AND CROSS OVER AT BRAND.ISSUE.WOODS, WALK THROUGH THE MIDDLE OF THE NEXT PARK**

**6. TURN LEFT UP UPTON ROAD (BECAME. SHINE.FACED)**

**7. TURN LEFT AT THE GARAGE AND CONTINUE STRAIGHT ON, CROSSING THE ROADS TOWARDS GENOS CAFE. PURELY.STRAY.CULT**

**8. FOLLOW THE ROAD DOWN SOUTH STREET PAST THE POLICE STATION (ON YOUR RIGHT)**

**DID YOU KNOW...?**

Look out for the four story building on Lansdown Lane, with its sash windows, pointed arches and gothic detailing. This was once the Torre Constitutional Club, a gentleman's club dating back to the late 19th century. The club once offered “commodious, reading, billiard and committee rooms” where no doubt many deals were struck over drinks and cigars. Below the club, were livery stables where a young Agatha Christie would collect a horse to ride up the lanes to Cockington on “Crowdy, my usual mount, a rather dispirited strawberry roan.” Incidentally you will also pass All Saints Church on your right where the Queen of Crime was baptised. Apparently the name Agatha was only suggested on the way to the baptism by a friend.

**9. CROSS OVER AT TRAFFIC LIGHTS (BOOKS.BLEND.SWUNG) AND CONTINUE ALONG BELGRAVE ROAD.**

**10. TURN RIGHT ONTO FALKLAND ROAD AND CROSS OVER...**

- Continue down the hill, over Chestnut Avenue and through the swan gates into the grounds of Torre Abbey (**Unopposed.Quitter.Harder**)

**DID YOU KNOW...?**

Torre Abbey is currently undergoing a £1.8 million restoration, funded by the Museum Estate and Development Fund, the National Heritage Memorial Fund, Friends of Torre Abbey and Torbay Council. Aiming to be finished this summer, the work includes restoration of the gatehouse, the southeast and southwest wings, the courtyard behind the learning lab and work on the chapel. They will also be lowering the level of the south front (looking towards the sea), where there will also be additional landscaping. The building remains open throughout the refurbishment, while the work means even more areas of the abbey will be accessible for people to explore.

**# SELFIE STOP! ALLOW.USEFUL.RIPE**

**11. WALK AROUND THE FRONT OF TORRE ABBEY AND THEN TURN RIGHT DOWN THE SIDE OF THE PITCH AND PUTT. (PLAN.NOON.FORMER)**

**12. GO UP THE SIDE OF THE TENNIS COURTS (KEEP THEM ON YOUR LEFT), PAST VICTORIA CLUB**

**# SELFIE STOP! ZONE.DARING.PART**

**13. TURN LEFT BETWEEN THE BOWLING GREEN AND GARDENS...**

- ...towards Belgrave Road, exit through the car park onto Belgrave Road.

**14. TURN LEFT PAST THE BELGRAVE SANDS HOTEL...**

- ...and turn right into Lucius Street, cross the road so you are on the side with Artizan Gallery.

**ACCESSIBILITY**

This walk follows pavements and paths and crosses a few roads. It is fairly accessible, although there are some moderate inclines in places. There are no steps or other obstructions along the route.

**#SELFIE  
STOP!**

**RICHES.PLAYS.FUTURE**

**15. CONTINUE ALONG TOR CHURCH ROAD,  
PAST THE GREEK ORTHODOX CHURCH UNTIL  
YOU RETURN TO THE TOWN HALL  
(AWAIT.PHOTOS.MONTH)**

**CONGRATULATIONS ON FINISHING  
THE WALK AND WE HOPE YOU HAD  
FUN EXPLORING TORQUAY AND  
GETTING A FEW SELFIES ALONG THE  
WAY. DON'T FORGET TO TAG US  
#HEALTHYSELFIE**

The first 100 people to pop into Torquay Library (please check opening hours) and show a photo from each of the three SELFIE STOPS will get a limited edition badge. There is a different badge to collect for each walk.

Don't forget to enter our competition at [www.healthy-selfie.co.uk](http://www.healthy-selfie.co.uk) to be in with the chance of winning some amazing prizes for you and your family. Good luck!

