

HEALTHY

SELFIE

TRAIL

FREE!

TRAIL #8

**BROADSANDS - ELBERRY COVE
(APPROX 1.8MILES)**

English Riviera



UNESCO GLOBAL
GEOPARK

Associate Partner

TORBAY_{ON}
THE
MOVE

More people, more active, more often

An event funded by Torbay Council
and delivered by Tonic Creatives

USE THE WHAT3WORDS CODES TO FOLLOW A CIRCULAR ROUTE. TAKE SELFIES ALONG THE ROUTE, INCLUDING A PICTURE AT EACH OF OUR THREE MAIN TOP PHOTO SPOTS TO BE ENTERED INTO OUR MAIN COMPETITION.

HAVE FUN!

1. START AT THE VENUS CAFE

NATURE.NOUN.PLEA

- With the sea in front of you, follow the path to the right, towards the K'ohana cafe and the beach huts

2. CUTAWAY.CHARIOTS.MEMORY



3. TURN RIGHT UP THE PATH AND ONTO THE HEADLAND (GO THROUGH GATE)

- Follow the coastline until you get to the next gate.

DID YOU KNOW...?

Both Broadsands and Elberry Cove were favourite swimming spots for Agatha Christie and she even featured the headland you are walking over in her book *The ABC Murders*. In the story, Poirot arrives at nearby Churston Station to investigate the murder of Sir Carmichael Clarke whose body was discovered above the cove. In the book, the narrator says, "Suddenly we came out on a grassy ridge overlooking the sea and a beach of glistening white stones. All round dark trees ran down to the sea. It was an enchanting spot - white, deep green - and sapphire blue."

4. GO THROUGH THE GATE AND HEAD DOWN TO THE BEACH

- When the path forks, stay left and head down the steps.

5. GO RIGHT TO THE END OF ELBERRY BEACH

- Take a selfie showing you and the old bathhouse

MASCOT.RESPONSES.MERELY



DID YOU KNOW...?

The ruined building was once three stories with a thatched roof and was Lord Churston's private bath hut. On the ground floor, there was a seawater pool that was heated by two boilers and served as a hot tub to warm him up after a swim. Upstairs was furnished so he could enjoy post dip picnics.

6. GO BACK UP THE STEPS YOU CAME DOWN...

- ... but at the top of these, turn left and follow the path

7. TURN RIGHT AND THEN WHEN YOU GET TO THE T JUNCTION...

- ... turn right again to follow Elberry Lane ([save.drama.ratio](#)) down through the farm buildings.



ACCESSIBILITY

Getting down onto the beach at Elberry Cove and back up again involves a set of steps. The beach is also shingle. For a more accessible walk, you can follow the seafront and then head up onto the path around the headland (slight slope and not surfaced), enjoy a view of Elberry and then retrace your steps.

Congratulations on finishing the walk and we hope you had fun exploring Broadsands and getting a few selfies along the way. Don't forget to tag us #HealthySelfie

The first 100 people to pop into the Venus Cafe and show a photo from each of the three Top Spots will get a limited edition badge. There is a different one for each walk.

Don't forget to enter our competition at www.healthy-selfie.co.uk to be in with the chance of winning some amazing prizes for you and your family.

Good luck!